

Sample Infant Lesson Plan

Week of _____

INFANTS

| Activities for the week | | | | | |
|---|--|---|--|--|--|
| Listening and Talking Activities | <u>Imitate sounds</u> Imitate sounds with your baby such as chuckling, cooing or squealing. | <u>Nursery rhyme books</u> Keep several nursery rhyme picture books in the bookshelf. Read these often with the children. | <u>Seeing you read</u> When the teacher reads things as part of daily work, call out the child's attention to what the teacher is doing. Show child what is being read. Tell him/her what is happening. | <u>Animal song</u> Look at animal picture books with children. As the teacher looks, sing old Macdonald and make the sound of the animals for the children to hear. | <u>Naming others</u> Help children learn the names of their friends. Hold one child on teacher's lap while a friend looks at him/her. Use a cloth or scarf to hide the child. Ask children where he/she is. |
| | <u>Moving to music</u> Sit or kneel in front of child. Hold child under arms and pull him/her up so he/she is standing. Turn on music and begin to move to the music. | <u>Where is baby?</u> While sitting with a small group of babies, choose someone's name and sing to the tune of "Where is Thumbkin?" point to the child and say: "There she/he is" and state who they are. | <u>Ring around the rosy</u> Hold baby in arms and sing "Ring Around the Rosy". When singing the "We all fall down" part, bend over or stoop low so child feels the movement of the song and the action. | <u>Scribbling</u> Place child on paper and give him/her a fat crayon. Draw a few simple lines as child watches. See if child emulates. | <u>Drawing in sand</u> When outside, show child how he/she can make a mark in the sand. Show child how to make marks with a stick, a finger, or many fingers. Help child make a few marks. |
| | <u>Stacking blocks</u> Put some blocks out for children to hold, carry, play with, and stack. | <u>Tape on clothes</u> Stick a piece of masking tape on child's shirt or pants. Show him/her where it is and see if child tries to peel it off. (this activity helps develop fine motor skills). | <u>Turn the page</u> Collect a few hard page books to read with children. Let the children turn the page as the teacher goes on to the next picture. | <u>Practice roll</u> Let child roll from back to stomach so he/she can raise head slightly off the floor when lying on stomach. | <u>Walking practice</u> The children will need lots of time to practice this new skill. Give them many places to walk. Let them walk on carpet, down the hallway and in the large motor room. |

| Books for this week | Songs for this week |
|---|--|
| <p>Animals lift-a-flap book</p> <p>Goodnight mom</p> <p>Baby love, I see clouds in the sky</p> | <p>Ring around the rosy</p> <p>Old MacDonald</p> <p>Here we go looby loo</p> <p>If all the raindrops</p> |

*Please remember that outside activities take place weather permitting. All activities are evaluated for developmentally appropriate practices for the individual child.