INSTITUTIONAL REQUIREMENTS 1-9 Hours

- US 1100: University Seminar (1-Hr Open Elective if Exempt)
- Foreign Language Proficiency (see catalog)

PROGRAM-SPECIFIC CORE 12 Hours

Mathematics (020)
- MATH 1315: College Algebra

Life and Physical Sciences (030)
- CHEM 1341: General Chemistry I
- PHYS 1315: General Physics I

Social and Behavioral Sciences (080)
- PSY 1300: Introduction to Psychology

MAJOR 21 Hours

- ESS 1179: Weight Training
- AT 2356: Prevention and Care of Athletic Injuries
- ESS 3317: Exercise Physiology / ESS 3117 Lab
- ESS 3320: Biomechanics
- ESS 3329: Introduction to Motor Learning
- AT 3385: Clinical Pathopharmacology
- AT 2400: Functional Anatomy

SUPPORT 26 Hours

- BIO 2430: Human Physiology & Anatomy
- CHEM 1141: General Chemistry I Lab
- PHYS 1115: General Physics I Lab
- HIM 2360: Medical Terminology
- Select one from:
  - HP 3325: Healthcare Statistics
  - MATH 2328: Elementary Statistics
  - PH 3315: Statistics in Public Health
  - PSY 2301: Introduction to Statistics
  - SOCI 3307: Statistics of Behavioral Sciences
- Select one from:
  - NUTR 2360: Nutrition Science
  - NUTR 3362: Nutrition and Health
  - NUTR 3364: The Science of Nutrition and Exercise

PRESCRIBED ELECTIVES 11 Hours

- AT 2298: Orientation to Athletic Training Profession
- AT 3298: Foundations of Athletic Training Practice
- ESS 1101: Seminar in Exercise and Sports Science
- ESS 3323: Psychosocial Aspects of ESS
- PSY 3336: Sport Psychology

CONCENTRATION: Pre-Rehabilitation Sciences 9 Hours

- AT 3311: Clinical Assessment I
- AT 3312: Clinical Assessment II
- AT 4313: Clinical Therapeutic Interventions

The degree requirements below are outlined in the 2022 Undergraduate Catalog and will remain valid through summer 2028.

The degree program also requires a 2.0 Texas State GPA, 2.25 Major GPA, and 2.0 Minor GPA (if declared) to graduate.
The sequencing below reflects course prerequisites that are subject to change each academic year. For use in planning Fall 2022, Spring 2023, and Summer 2023 semesters.

**Degree:** Bachelor of Exercise and Sports Science  |  **Major:** Exercise and Sports Science  |  **Concentration:** Pre-Rehabilitation Sciences

**Core Curriculum**
- 010
- 010
- 040
- 050
- 060
- 060
- 070
- 070
- 090A
- 090B

**Major**
- ESS 1179
- ESS 3329

**Prescribed Electives**
- 4 hours from:
  - ESS 1101
  - ESS 3323

**Support**
- Select one from:
  - NUTR 2360
  - NUTR 3362
  - NUTR 3364

If NOT admitted to MSAT, must also complete the following to graduate in PRS program:
- CHEM 1342/1142
- PHYS 1325/1125
- ESS 4317
- PSY 3300 or PSY 3315
- 7 hours of Prescribed Electives

**GPA restricted (2.0 Overall)**  |  * requires grade of ‘C’ or better  |  ^ requires grade of ‘B’ or better to apply

This degree program also requires a 2.0 Texas State GPA, 2.25 Major GPA, and 2.0 Minor GPA (if declared) to graduate.
### Degree: Bachelor of Exercise and Sports Science | Major: Exercise and Sports Science | Concentration: Pre-Rehabilitation Sciences

The sequencing below reflects course prerequisites that are subject to change each academic year. For use in planning Fall 2022, Spring 2023, and Summer 2023 semesters.

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<thead>
<tr>
<th>FALL</th>
<th>SPRING</th>
<th>SUMMER</th>
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<td><strong>Fall 2022</strong></td>
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<td><strong>Summer 2023</strong></td>
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<tr>
<td>AT 3298</td>
<td>AT 4313</td>
<td>Dual Credit [10 Weeks]</td>
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<td>AT 3312</td>
<td>AT 3358</td>
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<td>PSY 3336</td>
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| Total Hours: 154 HOURS |

GPA restricted (2.75 Overall) | * requires grade of ‘C’ or better

This degree program also requires a 2.0 Texas State GPA, 2.75 Overall GPA, 2.25 Major GPA, and 2.0 Minor GPA (if declared) to graduate.