

FCD 4301: FAMILY AND CHILD DEVELOPMENT INTERNSHIP HANDBOOK

SCHOOL OF FAMILY AND CONSUMER SCIENCES

TEXAS STATE UNIVERSITY SAN MARCOS, TEXAS 78666

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FCD 4301: COURSE DESCRIPTION

Internship program in Family and Child Development-related professions, services, industries, or businesses must meet college, department, and program requirements.

The School of Family and Consumer Sciences instituted the internship requirement to promote interaction between students and the work environment. FCD 4301 is designed to allow students to participate in an educationally oriented practical experience. Through the internship, each student will have an opportunity to translate theory into operational applications and gain on-the-job experience in the field of family and child development.

FCD 4301 is an online class with required coursework in addition to a **minimum 150 hours** of field placement. **All field placement hours must be performed within the designated academic period (first to last day of class).** Students should plan to begin the internship early in the semester and must complete all hours by the last day of class. Students are required to maintain time logs due throughout the semester to demonstrate steady progress and must also arrange a midterm and final evaluation with the internship site supervisor. In addition to the successful completion of the requirements in the online internship class, 150 hours of fieldwork at the approved internship site must be verified by the site supervisor for course credit.

The class is offered online with specific coursework requirements in addition to 150 hours of appropriate and approved field placement.

OBJECTIVES FOR FCD 4301

Upon completion of the internship course, the student will have successfully:

- 1. participated in a work environment associated with the student's career goals.
- 2. integrated academic theory with workplace practice.
- 3. analyzed realistic problems associated with the workplace and be given an opportunity to resolve these problems.
- 4. demonstrated appropriate workplace ethics and personal behavior patterns.
- 5. demonstrated human relations skills in an environment reflective of today's diverse society.
- 6. applied written and verbal communication skills within all appropriate levels of the organization setting.
- 7. integrated a variety of professional experiences, job-seeking and networking skills

REGISTRATION for FCD 4301

- Students must have successfully completed all Core Curriculum coursework with at least 45 semester hours in FCS, including
 - FCD 1351
 - FCD 2351
 - FCD 2353
 - FCD 1355
- and at least 90 total credit hours overall before enrolling in FCD 4301.
- Students must have a minimum GPA of 2.25 in their major for graduation.
- Students are responsible for securing an internship site before the end of the previous semester (date noted below).
- Students who are enrolled with an ECI minor must complete the FCD 4301 field work in an **ECI program**.
- Students must consult with the FCD 4301 Instructor to proceed with FCD 4301 enrollment.
- Students can enroll in a maximum of 12 hours (including internship) during the semester they are completing their internships. Students who wish to enroll in more than 12 hours in the long semester or more than 6 hours in either summer session, must obtain approval from the FCD Program Area Coordinator.

ADDITIONAL REQUIREMENTS for FCD 4301

- Internships at a prior place of employment or volunteerism require documentation indicating significantly different duties from past experiences to constitute a unique learning experience.
- The Family and Child Development Program does not stipulate if the intern should be paid or unpaid, and allows compensation to be arranged between the supervisor and the intern. Further information can be found from the U. S. Department of Labor's Fact Sheet #71: Internship Programs Under the Fair Labor Standards Act at https://www.dol.gov/whd/regs/compliance/whdfs71.htm

INTERNSHIP APPLICATION & PROCESS

Overview

Overview				
Stage	Requirements	Deadlines	Deadlines	Deadlines
		Summer	Fall	Spring
I. Proposal	Resume	MAR 31	MAR 31	OCT 30
	Cover letter			
	Application Checklist			
II. Approval	Internship Site Form	MAY 5	MAY 5	DEC 5
	-Job Description			
	-Internship Objectives			
	-Site Supervisor Signature			
III. Internship	Requirements include but not limited to:	Per syllabus	Per syllabus	Per syllabus
	-Site Supervisor Mid-term Evaluation	dates	dates	dates
	-Site Supervisor Final Evaluation			
	-Student Self Evaluation			
	-Written assignments			
	-150 hours			
IV. Grade by	Completion of course requirements	Per	Per	Per
FCD 4301		University	University	University
Instructor		grading	grading	grading
		period	period	period

* You must submit all paperwork by the noted dates and be approved by the FCD 4301 instructor or you cannot participate in the internship.

I. PROPOSAL

Potential interns should complete a resume, cover letter and application checklist. These 3 documents should be saved as a .doc or .docx or .pdf and submitted via the Internship Project Site on TRACS via Dropbox.

A. Application Checklist

Complete the application checklist provided in this handbook.

B. <u>Resume</u>

Develop a working resume that is both professional and concise to send to potential internship sites. Refer to Career Services for assistance: http://www.careerservices.txstate.edu/resources/resumecoverletter.html

C. Cover Letter

Compose a site-specific letter of application. This letter will follow standard business protocol and briefly identify the student's goals and provide personal and

University contact information. Refer to Career Services for assistance: http://www.careerservices.txstate.edu/resources/resumecoverletter.html

Students are urged to use the list of acceptable sites (Appendix I) to determine which is most appropriate for your interests and career plans. Sites not included on this list must be approved by the FCD 4301 instructor. Please allow additional time for site-specific approval.

II. APPROVAL

The FCD 4301 instructor reviews the application checklist, resume and cover letter and provides feedback. Students may not proceed with the internship process until feedback is received and necessary changes have been made to the resume and cover letter.

Faculty approval of a cover letter and resume does not automatically ensure an internship experience. Final acceptance is determined by the cooperating organization. Most organizations and agencies require personal interviews. Request an interview as soon as possible after the proposal is approved.

To complete the approval process, students submit an Internship Site Agreement Form (found in this handbook) that clearly states the student's **objectives and job responsibilities**. The site supervisor's signature and contact information are required. **Documents must be submitted to and approved by the FCD 4301 instructor by the dates noted in the Overview (above).**

III. GRADE BY FCD 4301 INSTRUCTOR

Grading is determined according to the FCD 4301 syllabus.

IV. ROLES AND RESPONSIBILITIES

RESPONSIBILITIES OF INTERN

- Thoroughly review all sections of the handbook.
- Attend information session with FCD 4301 instructor the week before registration.
- Complete Internship Site Agreement Form (see below) in collaboration with the site supervisor. This includes establishing learning objectives and job responsibilities with your supervisor.
- Uphold course objectives and complete all assignments.
- Log hours (150 hours minimum) and turn in all paperwork for internship to meet course criteria and scheduled due dates.
- Meet with Site Supervisor for mid-term and final evaluations.
- Complete a self-evaluation.

RESPONSIBILITIES OF SITE SUPERVISOR

The field supervisor plays a critical role in determining whether the experience is a positive, growth producing one for the student. Ideally, the supervisor is able to be both supportive and understanding, able to maintain realistic expectations of the student, and act as a professional role model and mentor.

Further, the Family and Child Development program at Texas State University asks that supervisors

- Orient the student to the organization.
- Supervise and evaluate the student's work over the course of the semester.
- Provide the required opportunities for the student to complete the tasks and responsibilities outlined in his/her Internship Site Agreement.
- Discuss the student's performance with the FCD 4301 instructor as needed.
- Complete and return the midterm and final evaluations and documentation of hours completed to the FCD 4301 instructor by the scheduled dates.

RESPONSIBILITIES OF FCD 4301 INSTRUCTOR

- Ensure that the agency has a commitment to the internship as a training experience.
- Monitor and ensure that the internship is consistent with FCD 4301 course objectives.
- Maintain consistent contact with the intern and the intern's site supervisor.
- Be available to provide mediation of difficulties, technical assistance, and any additional services deemed appropriate by the site supervisor and/or intern.
- Document that the intern is meeting course objectives in a manner that is consistent with university guidelines.
- Document to the University when the student has completed all requirements of the internship.

INTERNSHIP SITE AGREEMENT FORM

1. Student's name:
Telephone:
E-mail address:
2. Internship site:
Site address:
Site website:
Site supervisor's name:
Site supervisor's telephone number:
Site supervisor's e-mail address:
3. Student's objectives:
a
b
c
d
e
4. Student's specific job responsibilities and expected activities:
a
b
C
d
e

5. Beginning Date: (First day of class)	Termination Date: (Last day of class)
Signature and Approval of Internship	
Signed FCD 4301 Instructor	_Date
Signed Site Supervisor	Date
For (Agency or organization name)	
Signed Student	_Date

PLEASE COMPETE AND SIGN THIS FORM AND SUBMIT AN ELECTRONIC COPY TO THE FCD 4301 INSTRUCTOR.

INTERNSHIP EVALUATION (To be completed by the site supervisor)

PLEASE COMPETE AND SIGN THIS FORM AND SUBMIT AN ELECTRONIC COPY TO THE FCD 4301 INSTRUCTOR BY THE DEADLINE. See syllabus for midterm evaluation and final evaluation semester-specific deadlines.

Student's Name: _____ Date: _____ Date: _____ Based on the scale below, indicate how the student performed on each of the following

(1) Unsatisfactory (2) Satisfactory (3) Above Expectations (4) Outstanding (N/A) Not Applicable

	1	2	3	4	N/A
1. Demonstrates responsibility					
2. Works effectively with diverse groups					
3. Demonstrates awareness and appreciation for cultural diversity					
4. Demonstrates skill in communication (verbal and written)					
5. Works effectively as a team member					
6. Completes assigned tasks correctly & in a timely manner					
7. Uses a variety of resources when needed					
8. Demonstrates effective problem-solving skills					
9. Demonstrates adequate academic preparation					
10. Seeks to develop professional competence					
11. Is accountable for professional actions					
12. Proceeds well on his/her own					
13. Willing to ask for help when needed					
14. Willing to accept and use suggestions					
15. Meets conflict with emotional control & self-confidence					
16. Is highly motivated to learn the work (shows initiative)					
17. Has a pleasant, positive demeanor; shows enthusiasm					

	1	2	3	4	N/A
18. Demonstrates mature, ethical judgment					
19. Shows leadership capabilities					
20. Regular in attendance and punctual					
21. Demonstrates ability to organize work and self					
22. Demonstrates knowledge of the principles of child development.					
23. Demonstrates ability to apply developmental theory to practice					
24. Demonstrates knowledge of development principles related to population served at internship site					
25. Demonstrates knowledge of the functioning of families					
26. Demonstrates knowledge of the principles of family dynamics					
27. Demonstrates awareness and appreciation of family diversity					
28. Identifies and uses ethical behaviors in the field of family and child studies					
29. Identifies and uses professional behaviors in the field of family and child studies					
30. Exhibits ethical and professional behaviors as determined by program/agency policies					

The student's outstanding qualities are: ______

The qualities that the student should strive most to improve are: _____

Total # of hours completed: _____ Site Supervisor's Signature: _____

FCD 4301 INTERNSHIP HOURS (MAY BE COMPLETED BY STUDENT FOR SUPERVISOR SIGNATURE)

Student's Name: _____ Internship Location:_____ Supervisor: _____

DATES (to be announced)	HOURS PER WEEK	TOTAL HOURS

Mid-Term Hours:	
Total hours at mid-term:	Supervisor Signature:
Final Hours:	
Total hours for semester:	Supervisor Signature:

STUDENT SELF-EVALUATION

To be completed by the student and submitted following FCD 4301 Syllabus instructions.

Name: _____

Date:____

Based on the scale below, indicate how you performed during your internship and will exhibit these skills in your career.

(1) Unsatisfactory (2) Satisfactory (3) Above Expectations (4) Outstanding (N/A) Not Applicable

	1	2	3	4	N/A
1. I understand & demonstrate my responsibilities					
2. I am able to work effectively with diverse groups					
3. I show proper awareness of and appreciation for cultural diversity					
4. I demonstrate skill in communication (verbal and written)					
5. I work effectively as a team member					
6. I complete assigned tasks correctly & in a timely manner					
7. I use a variety of resources as needed					
8. I demonstrate effective problem-solving skills					
9. I use my academic preparation in the completion of my duties					
10. I strive to develop professional competence					
11. I am accountable for my actions					
12. I can work independently and effectively					
13. I am willing to ask for help when needed					
14. I am willing to accept and use suggestions					
15. I handle conflict with emotional control & self-confidence					
16. I am highly motivated to learn the work (shows initiative)					
17. I have a pleasant, positive demeanor; and show enthusiasm					

	1	2	3	4	N/A
18. I demonstrate mature, ethical judgment					
19. I show leadership capabilities					
20. I follow the agreed upon work schedule					
21. I demonstrate my ability to organize work and myself					
22. I demonstrate knowledge of the principles of child development.					
23. I am able to apply developmental theory to practice					
24. I demonstrate my knowledge of development principles related to my field work					
25. I understand and use knowledge about the functioning of families					
26. I understand and use knowledge about the principles of family dynamics					
27. I am aware and appreciate family diversity					
28. I identify and use ethical behaviors in the field of family and child studies					
29. I identify and use professional behaviors in the field of family and child studies					
30. I demonstrate ethical and professional behaviors as determined by program/agency policies					

My outstanding qualities are: _____

The qualities I most need to improve are: _____

SITE	Website or Email	Location
ABA Connect	https://www.abaconnect.com	Austin
Adoption Advocates	https://www.adoptionadvocates.net	Austin
Adult Protective Services –	https://www.dfps.state.tx.us/adult_protect	Various
Texas Department of Family &	ion/	locations
Protective Services		
Any Baby Can of Austin	http://anybabycan.org	Austin
Any Baby Can of San Antonio	https://www.anybabycansa.org	San Antonio
Avance	https://www.avance.org/locales/	Alamo, Austin,
		Dallas,
		Houston, & San
		Antonio
Austin Child Guidance Center	https://www.austinchildguidance.org	Austin
Austin Nature Center	https://austintexas.gov/department/austin	Austin
	-nature-and-science-center	
Gladney Center for Adoption	https://adoptionsbygladney.com	Ft. Worth
Baptist Medical Center, San	https://www.baptisthealthsystem.com/our	San Antonio
Antonio	-locations/baptist-medical-center	
Big Brothers/Big Sisters of	https://www.bigmentoring.org	Austin
Central Texas		
Big Brothers/Big Sisters of	http://www.bigmentor.org/site/c.biKPJ7NP	San Antonio
South Texas	lol6F/b.8369893/k.F001/Home_Page.htm	
Camp Buckner	https://www.buckner.org/camp-buckner	Burnet
Camino Real Early Childhood	http://www.caminorealcs.org/eciservices.h	Various
Intervention Program	<u>tml</u>	locations in
		south Texas
CARE Academy	http://careacademyaustin.org	Austin
The CARES Clinic at TX State	https://cares.education.txstate.edu	San Marcos
Caring Adoption	https://caringadoptions.org	Houston
Caritas of Austin	https://www.caritasofaustin.org	Austin
Catholic Charities of Central	https://www.ccctx.org	Austin & Bryan
Texas		
Cenikor Foundation	http://www.cenikor.org	San Marcos
Center for Public Policy	http://forabettertexas.org	Austin
Priorities		
Central Texas Food Bank	https://www.centraltexasfoodbank.org	Austin
Child Care Licensing – Texas	https://www.dfps.state.tx.us/child_care/	Various
Department of Family &		locations in
Protective Services		central Texas

Appendix I: Potential FCD 4301 Internship Sites

SITE	Website or Email	Location
Child Protective Services –	https://www.dfps.state.tx.us/child protecti	Various
Texas Department of Family &	<u>on/</u>	locations in
Protective Services		central Texas
Crisis Center of Comal County	http://www.ccccnbtx.org	New Braunfels
Children's Defense Fund	https://www.childrensdefense.org	
Comal County Senior Citizen	http://nbsenior.org	New Braunfels
Foundation		
Communities in Schools of	http://ciscentraltexas.org	Various
Central Texas		locations in
		Austin area
Communities in Schools of	https://www.cis-sct.org	Various
South Central Texas		locations in
		New Braunfels
		area
Communities in Schools of San	https://www.cissa.org	Various
Antonio		locations in San
		Antonio area
Community Action Agencies	https://communityaction.com	San Marcos
Court Appointed Special	https://www.casacentex.org	San Marcos
Advocates (CASA) of Central		
Texas		
Dell Children's Medical Center	https://www.dellchildrens.net	Austin
of Central Texas, Austin		
Easter Seals of Central Texas	http://www.easterseals.com/centraltx/	Austin
(Austin)		
Early Childhood Intervention	https://citysearch.hhsc.state.tx.us	Various
Services		locations
Extend-A-Care	https://www.eackids.org	Various
		locations in
		central Texas
Family Eldercare of Austin	https://www.familyeldercare.org	Austin
Hays-Caldwell Women's	www.hcwc.org	San Marcos
Center (HCWC)		
Helping Hands	http://helpinghandhome.org/foster-care-	Austin
	and-adoption-program/	
Leafspring School	https://leafspringschool.com	
Lifeworks	http://www.lifeworksaustin.org	Austin
Mainspring, Austin	https://www.mainspringschools.org	Austin
Manchaca UMC Child	http://www.manchacaumccdc.com	Austin
Development Center		
March of Dimes	https://www.marchofdimes.org	Austin

SITE	Website or Email	Location
Meals on Wheels	https://www.mealsonwheelscentraltexas.or	Austin
	g	
Open Door Preschool	http://www.opendoorpreschool.org	Austin
Operation Homefront	https://www.operationhomefront.org	San Antonio
Parenting Education Program	https://www.smcisd.net/Page/2029	San Marcos
(PEP)-San Marcos High School		
Pathways Youth & Family	http://www.pathway.org	Kerrville
Services		
Provident Place	http://www.provplace.org	San Antonio
Ronald McDonald House	https://rmhc-ctx.org	Austin
Charities of Central Texas		
The Safe Alliance	https://www.safeaustin.org	Austin
Greater San Marcos Youth	https://gsmyc.org	San Marcos
Council		
Settlement Home	https://www.settlementhome.org	Austin
St. Jude's Ranch for Children-	www.sjrctexas.org	New Braunfels
Texas	, J	
Starry	http://www.starry.org	Round Rock
Strengthening	http://www.fcs.txstate.edu/srsfprogram.ht	Various
Relationships/Strengthening	ml	locations
Families Program – Texas		around central
State University		Texas
Interfaith Action of Central	http://interfaithtexas.org	Austin
Texas		
Thinkery	https://thinkeryaustin.org	Austin
TRIO – Texas State University	http://www.sdi.txstate.edu/upwardbound/	San Marcos
Child Development Center –	http://www.fcs.txstate.edu/cdc/	San Marcos
Texas State University		
United Way of Central Texas	http://www.uwct.org	Austin
University of Texas Child	https://childcenter.utexas.edu	Austin
Development Center		
Upbring	https://www.upbring.org	Austin
Austin Area Urban League	https://aaul.org	Austin
Women, Infants and Children	http://www.wicprograms.org/co/tx-hays	San Marcos &
(WIC)		Куlе
Wonders and Worries	https://www.wondersandworries.org	Austin
YMCA of Austin	https://www.austinymca.org	Various
		locations
		around central
		Texas

Note: This is not an exhaustive list. The sites in this list have previously hosted an intern from our program or have expressed an interest in hosting an intern in the future. Students may secure approval from the internship instructor to seek an internship at community and university-based programs serving families and children that are not on this list.

FCD interns who are interested in working in school settings **MAY NOT** contact schools/districts for positions as those are reserved for student teaching experiences (education majors) and not FCD interns. FCD interns who desire to complete hours within a school setting should consider school-based programs, such as those listed in this resource.

ECI and Child Life practicums/internships may only be completed at specific sites. See the FCD 4301 Instructor for further information.

Appendix II FCD 4301 Internship Application Checklist

Name:

Email:

Have you completed all core curriculum coursework? YES or NO If no, indicate which courses still need to be completed and if you are currently taking these courses:

Have you completed FCD 1351, FCD 2351, FCD 2353, and FCD 1355? YES or NO If no, indicate which courses still need to be completed and if you are currently taking these courses:

What is your GPA in your major? _____

Interns must have a minimum of 2.25 GPA in their major for graduation.

How many hours will you be enrolled during the semester you plan to take FCD 4301? _____

Interns may enroll in a maximum of 12 hours (Fall/Spring interns) and 6 hours (Summer interns) during the semester they take FCD 4301 – this includes the 3-hour internship course. Students who wish to enroll in more than the allotted number of hours must seek approval from the FCD Program Area Coordinator.

*Please note the deadlines to upload proposal to the TRACS Internship Project Site Dropbox are Summer & Fall Interns (**MAR 31**) and Spring Interns (**OCT 30**).