Anyssa Powell

DEPARTMENT OF HEALTH AND HUMAN PERFORMANCE

Fall 2022

Time	Monday	Tuesday	Wednesday	Thursday
8:00 am				
9:00 am				
10:00 am	**PFW 1110G.001** **Weight Lifting** **JOW B118**	**ESS 1179.002** **Weight Lifting** **JOW B118**	**PFW 1110G.001** **Weight Lifting** **JOW B118**	**ESS 1179.002** **Weight Lifting** **JOW B118**
11:00 am			**PFW 1110A.003** **Aerobics** **JOW G219**	
12:00 pm				
1:00 pm	**Contact Hours** **1:00pm -2:00pm**	**ESS 1110G.006** **Weight Lifting** **JOW B118**		**ESS 1110G.006** **Weight Lifting** **JOW B118**
2:00 pm	**ESS 1172.001** **Field Sports** **UEC 102**		**ESS 1172.001** **Field Sports** **UEC 102**	**Contact Hours** **2:00pm -3:00pm**
3:00 pm	**Contact Hours** **3:00pm -4:00pm**			
4:00 pm				

Email: dmu13@txstate.edu